

Carteret Campus

PTC NEWS

Fall

2017

What we've been up to!



Summer has ended, but it has left us with some great memories. Our group enjoyed weekly visits to the State Theater to watch some of our favorite movies on the big screen. We kept cool with trips to the pool, enjoyed frozen yogurt with delicious toppings, and paid a visit to 7-11 for snacks and slurpees.

The participants took a special trip to the thrift store this summer to purchase clothes which they then modeled for us during our very first fashion show! Participants spent the month of August learning about fashion, shopping, and practicing their runway walk. The day of the fashion show, all the participants came in dressed to impress. They blew everyone away with the confidence they displayed walking down the runway in the outfits that they had chosen! Many of them even had a signature pose. We were so happy to have family and friends there to see our superstars!

Check out and like our pictures on

facebook 



Bowling and going out to eat continue to be a staple on our monthly calendar. Participants look forward to improving on their previous bowling scores as well as discussing and voting on where to eat. We even met up with our friends from Eatontown so that they could join in on the fun. Planning activities and trips with the Eatontown and Brick participants is always a great time. This summer, we visited the other PTC locations several times to encourage friendship building with all of the PTC participants.

Although the weather still feels like summer, our fall activities are in full effect! Apple picking is always at the top of the list for fall trips. The group enjoyed a hayride around the Giamarese Farm before picking from their delicious orchard. We hope you all enjoyed their pickings. To really get a feel for the fall season, an outdoor fall scavenger hunt was planned with participants from Eatontown. The groups met up at Holmdel Farm to enjoy the beauty of the season. After the scavenger hunt, they ate lunch and split into two groups: a nature walk or a visit to see the farm animals.

Preparing our participants for daily living as well as community exposure is a major component of our program. In September we focused on learning how to furnish a home. Participants engaged in group discussions about the different rooms found in a home and the items needed to furnish them. The groups looked through Ikea catalogs to pick out furniture for their project homes. Later in the month, they visited Ikea and were able to see the furniture they had chosen. After walking through their huge selection, the participants treated themselves to a snack of their liking. Everyone came back excited to share their trip experiences.

Coming soon!

- Halloween Party (Oct)
- Out to Eat (Nov)
- Bowling (Nov)
- Thanksgiving Feast (Nov)
- State Theater Show (Dec)



What's Cooking

Here are some of the favorite meals our chefs have prepared:

- Vegan Tacos
- Chicken Caesar Wraps
- Cuban Sandwiches
- Chicken Parm w/ Spaghetti